

# April 2024 Activities

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
8:30 AM- Crafting Group 9:00AM- Tai Chi Class 10:00AM -Bingo <b>11:00AM Clothes Closet</b> 11:30AM- Lunch 1:00PM- Line Dancing Class	9:00AM- Quilters 10:00AM Pickleball in Byesville 10:00AM- Bingo 11:00 AM- Blood Pressure Checks 11:30AM- Lunch <b>12:00PM Bookmobile</b> 1:00PM- Cardio Drumming Class <b>6:00PM- Good Ole Gospel Music Night</b>	<b>9:00AM -Geri Fit Exercise</b> 9:00AM- Sewing 10:00AM -Bingo <b>11:00AM Dining with Diabetes</b> 11:30AM- Lunch 12:00PM- Mahjong	9:00AM Pickleball in Byesville 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Open Cards	<b>8:00AM Free Hearing Screenings</b> <b>9:00AM Breakfast Buffet</b> 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Euchre
8 8:30 AM- Crafting Group 9:00AM- Tai Chi Class 10:00AM -Bingo <b>11:00AM Clothes Closet</b> 11:30AM- Lunch <b>12:00PM Pleasant City Site Activity</b> 1:00PM- Line Dancing Class	9 9:00AM- Quilters 10:00AM Pickleball in Byesville 10:00AM- Bingo 11:00 AM- Blood Pressure Checks 11:30AM- Lunch 1:00PM- Cardio Drumming Class 1:30PM- Alzheimer's Support Group	10 <b>8:45AM- Oglebay Museums &amp; Shopping Trip</b> 9:00AM- Sewing 10:00AM -Bingo <b>11:00AM Dining with Diabetes</b> 11:30AM- Lunch 12:00PM- Mahjong	11 9:00AM Pickleball in Byesville 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Open Cards	12 10:00AM -Bingo 11:30AM- Lunch <b>12:00PM- Cumberland Site Activity</b> 12:30 PM- Euchre <b>12:30PM Cookie Decorating</b>
15 8:30 AM- Crafting Group 9:00AM- Tai Chi Class 10:00AM -Bingo <b>11:00AM Clothes Closet</b> 11:30AM- Lunch <b>12:00PM Londonderry Site Activity</b> 1:00PM- Line Dancing Class	16 9:00AM- Quilters 10:00AM Pickleball in Byesville 10:00AM -Bingo 11:00 AM- Blood Pressure Checks <b>11:00AM- Hospice of Guernsey Advanced Directives Workshop</b> 11:30AM- Lunch <b>12:30PM Byesville Site Activity</b> 1:00PM- Cardio Drumming Class	17 9:00AM -Sewing 10:00AM -Bingo <b>11:00AM Dining with Diabetes</b> 11:30AM- Lunch 12:00PM- Mahjong	18 9:00AM- Pickleball in Byesville 10:00AM Bingo 11:30AM- Lunch 12:30 PM- Open Cards <b>4:00PM-5:00PM Grab &amp; Go Monthly Dinner</b> <b>5:00PM- Dine In Monthly Dinner</b>	19 10:00 AM - 3:00 PM- Food Commodity Pick Up 10:00AM -Bingo 11:30AM Lunch 12:30 PM- Euchre
22 8:30 AM- Crafting Group 9:00AM- Tai Chi Class 10:00AM -Bingo <b>11:00AM Clothes Closet</b> 11:30AM- Lunch 1:00PM -Line Dancing Class	23 9:00AM- Quilters 10:00AM Bingo 11:00 AM- Blood Pressure Checks 11:30AM- Lunch <b>12:30PM Byesville Site Activity</b>	24 <b>9:00AM- Geri Fit Exercise</b> 9:00AM- Sewing 10:00AM -Bingo <b>11:00AM Dining with Diabetes</b> <b>11:30AM Birthday Luncheon</b> 12:00PM- Mahjong <b>12:00PM Old Washington Site Activity</b>	25 9:00AM Pickleball in Byesville 10:00AM -Bingo <b>10:00AM Cleveland Guardians Game Trip</b> 11:30AM- Lunch 12:30 PM- Open Cards <b>1:00PM Card Making Class</b>	26 <b>Spring Craft Sale 9:00AM-2:00PM</b> 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Euchre
29 8:30 AM- Crafting Group 9:00AM- Tai Chi Class 10:00AM -Bingo <b>11:00AM Clothes Closet</b> 11:30AM- Lunch 1:00PM -Line Dancing Class	30 9:00AM- Quilters 10:00AM Pickleball in Byesville 10:00AM -Bingo 11:00 AM- Blood Pressure Checks 11:30AM- Lunch 1:00PM- Cardio Drumming Class <b>4:00PM Byesville Dinner</b>			

# April 2024 Menu

<p style="text-align: center;"><b>1</b></p> <p>Country Fried Steak w/Gravy Sour Cream &amp; Chive Mashed Potatoes Buttered Zucchini Peaches Dinner Roll/Margarine Choice of Milk</p>	<p style="text-align: center;"><b>2</b></p> <p>Chicken &amp; Dumplings Parsley Potatoes Mixed Vegetables Diced Pineapple Choice of Bread/Margarine Choice of Milk</p>	<p style="text-align: center;"><b>3</b></p> <p>Pork Roast Julienne Potatoes Glazed Baby Carrots 100% Fruit Juice Choice of Bread/Margarine Chocolate Chip Cookie Choice of Milk</p>	<p style="text-align: center;"><b>4</b></p> <p>Stuffed Peppers Mashed Potatoes Buttered Corn Fruited Jell-O Dinner Roll/Margarine Choice of Milk</p>	<p style="text-align: center;"><b>5</b></p> <p>Cubed Steak in Mushroom Gravy Dutch Potatoes Brussel Sprouts Pistachio-Pineapple Jello Salad Knot Roll/Margarine</p>
<p style="text-align: center;"><b>8</b></p> <p>Honey Dijon Chicken Baby Baker Potatoes Peas &amp; Carrots Fresh Apple Dinner Roll/Margarine Choice of Milk</p>	<p style="text-align: center;"><b>9</b></p> <p>BBQ Pulled Pork w/Bun Potato Wedges Baked Beans Fresh Banana Peanut Butter Cookie Choice of Milk</p>	<p style="text-align: center;"><b>10</b></p> <p>Pizza Casserole French Style Green Beans Cinnamon Applesauce 100% Fruit Juice Vanilla Pudding Choice of Milk</p>	<p style="text-align: center;"><b>11</b></p> <p>Chicken Fettuccini Alfredo Tossed Salad w/Dressing Cherry Crisp Diced Pears Breadstick/Margarine Choice of Milk</p>	<p style="text-align: center;"><b>12</b></p> <p>Baked Steak w/ Gravy Au Gratin Potatoes Creamed Corn Mandarin Oranges Dinner Roll/Margarine Choice of Milk</p>
<p style="text-align: center;"><b>15</b></p> <p>Breaded Fish Hashbrown Casserole Yellow Squash 100% Fruit Juice Dinner Roll/Margarine Choice of Milk</p>	<p style="text-align: center;"><b>16</b></p> <p>Herb Roasted Chicken Buttered Red Skinned Potatoes Creamed Peas Diced Peaches Dinner Roll/Margarine</p>	<p style="text-align: center;"><b>17</b></p> <p>Beef Stroganoff over Noodles Yukon Gold Potatoes Stewed Tomatoes Grapes Choice of Bread/Margarine</p>	<p style="text-align: center;"><b>18</b></p> <p>Glazed Ham Scalloped Potatoes Succotash Mixed Fruit Dinner Roll/Margarine Choice of Milk</p>	<p style="text-align: center;"><b>19</b></p> <p>Meatloaf Cheesy Potatoes Spiced Pears Cucumbers &amp; Tomato Salad Dinner Roll/Margarine Choice of Milk</p>
<p style="text-align: center;"><b>22</b></p> <p>Creamed Chicken over Buttermilk Biscuit Buttered Red Potatoes Winter Blend Vegetables Raisins Choice of Milk</p>	<p style="text-align: center;"><b>23</b></p> <p>Spaghetti &amp; Meat Sauce Italian Green Beans Tossed Salad w/Dressing Blueberry Cobbler Breadstick/Margarine Choice of Milk</p>	<p style="text-align: center;"><b>24</b></p> <p>Beef Pot Roast Buttered Whole Potatoes Capri Vegetables 100% Cranberry Juice Choice of bread/Margarine Choice of Milk</p>	<p style="text-align: center;"><b>25</b></p> <p>Cream of Broccoli Soup Ham Salad on Croissant Celery &amp; Carrot Sticks w/ Ranch Fresh Pear Choice of Milk</p>	<p style="text-align: center;"><b>26</b></p> <p>Smoked Kielbasa Haluski Cauliflower Tropical Fruit Mix Choice of Bread/Margarine Lorna Doone Cookie Choice of Milk</p>
<p style="text-align: center;"><b>29</b></p> <p>Salisbury Steak w/Gravy Mashed Potatoes Baked Corn Granny Smith Apple Dinner Roll/Margarine Choice of Milk</p>	<p style="text-align: center;"><b>30</b></p> <p>Baked Chicken Leg Sweet Potato Casserole Wax Beans Strawberry Kiwi Juice Choice of Bread/Margarine Brownie Choice of Milk</p>	<p>We invite you to join us for lunch at the Guernsey County Senior Center from 11:30 am until 1:00 pm Monday – Friday. The Byesville Site serves lunch at 11:30 am. Monday—Friday. Pleasant City 11:30-1:00 pm Monday &amp; Thursday, Cumberland 11:30-1:00 pm, Tuesday &amp; Friday, Londonderry site serves at 11:30 on Monday—Friday, and Old Washington site Wednesday &amp; Friday from 11:30am-1:00pm. <b>Dine-In or Grab &amp; Go Options Available.</b> If you have any questions about our nutrition services please call 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of either 2% or Skim Milk. Ingredient content can be found on our website at <a href="http://www.GuernseySenior.org">www.GuernseySenior.org</a>.</p> <p style="text-align: center;"><i>*Menu subject to change depending on item availability.</i></p>		